

BREASTS OBSERVATION DURING BREASTFEEDING

(or shortly after stopping)

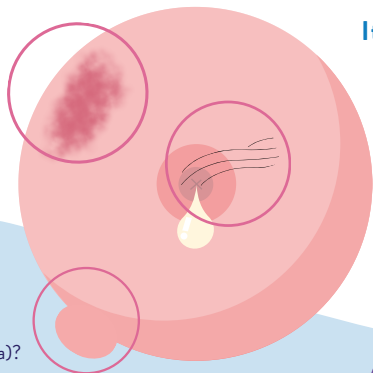


Localized redness, heat, sensitivity

Blocked duct?
Mastitis?

To the touch: bump, swelling with or without pain

Blocked duct?
Engorgement (with or without oedema)?
Mastitis?



Itching or peeling skin on the nipple or breast

Mammary candidiasis/thrush?
Contact dermatitis?

IT TENDS TO DISAPPEAR?

Continue to watch for other signs and
apply the recommendations related to
YOUR breastfeeding problems.

Are you concerned about your situation?
Talk to your Breastfeeding Support Volunteer or
consult the references on the reverse.